

A referral is required for all activities.

All Whaiora must have a community mental health support worker.

For further details please visit our website [pw.maori.nz](http://pw.maori.nz) or contact Lisa Programme Coordinator on [programme.coordinator@pw.maori.nz](mailto:programme.coordinator@pw.maori.nz) 021 377 421.

## Purapura Whetu Tē Oranga Activities

Phone: 03 379 8001

**Term 4 2021**

**ALERT LEVEL 2**

**No Pickups/Drop offs Negotiable**

Email: [office@pw.maori.nz](mailto:office@pw.maori.nz)

18<sup>th</sup> October – 17<sup>th</sup> December

Web: [www.pw.maori.nz](http://www.pw.maori.nz)

Rāhina/Monday	Rātū/Tuesday	Rāapa/Wednesday	Rāpare/Thursday	Rāmere/Friday
9:30-12pm <b>Raranga:</b> <b>Weaving:</b> Toni Rowe Phillipstown Hub Room 3	9:30 – 12pm. <b>Toirau:</b> <b>Mixed Media:</b> Graham Lalor Phillipstown Hub Room 3	9:30 - 12pm <b>Mahi Ngā Kai:</b> <b>Foraging:</b> Steve Ahlbrandt-Paki Community	9:30 – 1pm <b>No Te Oranga Activities</b>	10am - 4pm <b>Tē Waonui &amp; Adventure</b> <b>Specialities:</b> Pam Te Haate & April Heath Community
1pm – 3:30pm <b>Mahi Tuinga:</b> <b>Sewing:</b> Sandra Carabali Phillipstown Hub Room 10a	1pm – 3:30pm <b>Māra kai:</b> <b>Gardening:</b> Steve Ahlbrandt-Paki Phillipstown Hub	1pm – 3:30pm <b>Toi Whakairo:</b> <b>Carving:</b> Raph Stowers Crossroads Aranui	1pm – 3:30pm <b>Tangata hikoi:</b> <b>Walking Group</b> Various Locations around the Garden City.	1pm-3:30pm <b>Whanaungatanga</b> <b>Friday:</b> Merry mix of activities while connecting with others.