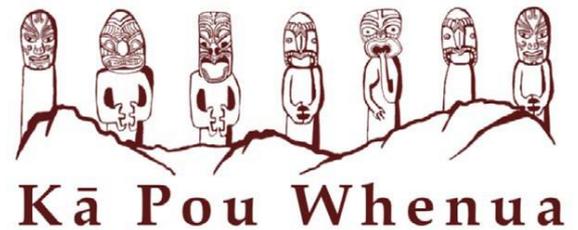


Waitaha | Canterbury and Te Tai o Poutini | West Coast Addictions System Design Project



Look up, look forward and see the people and communities of Waitaha and Te Tai Poutini thriving.

In 2021, (the then) Canterbury and West Coast DHBs began collaborative design projects to engage widely with mental health and addictions service users, whānau, providers and communities, using their expertise to inform the future direction of local services.

In partnership with Iwi and aligning with the Te Whatu Ora (Health New Zealand) and Te Aka Whai (Māori Health Authority) model, two workstreams were established and the project leads were identified as Purapura Whetu Trust and The Mental Health Education and Resource Centre (MHERC).

Purapura Whetu Trust is leading the Māori workstream covering both Waitaha and Te Tai o Poutini regions. The Māori workstream has reached across the two regions to bring together Iwi Māori katoa (the entire group), tāngata whaiora (a person who is the subject of care, assessment and treatment processes in mental health), whānau, and other Māori health subject matter experts.

For this reason, the project is called the Kā Pou Whenua project.

All work undertaken within the scope of the project demonstrate the goals of mana whakahaere, mana motuhake, mana tangata and mana Māori, through the engagement of, and partnership with, Ngai Tahu Rūnanga, Iwi Māori, katoa, including tāngata whaiora at all levels and stages.

Work undertaken during June and July has included engagement with tāngata whaiora and their whānau. This month, engagement with kaimahi (staff) across the entire system is underway including a noho wananga style hui held at Rehua Marae.

Community engagement across Te Tai o Poutini is also happening in August and September. See more information [here](#).

MHERC has been working alongside a 'Lived Experience' partner to project manage the collaborative design for Waitaha. MHERC has undertaken multiple consultation hui, individual interviews and an online survey, collating the feedback gathered so far into an Interim Consultation Report.

This report details themes emerging from the feedback and a snapshot of supporting comments.

You can access the interim Consultation Report, provide further input and see [documentation here](#).

Several initiatives are already being piloted as a direct result of the consultation findings.

Consultation will continue in Waitaha and Te Tai o Poutini throughout July and a workshop for those who have participated in the consultations is being planned. This hui will provide opportunity to reflect on the consultation themes/findings and to identify improvement priorities.

Members of the Oversight Committee, Purapura Whetu and MHERC would like to thank all the community members, lived experience whānau and kaimahi/staff within Waitaha and Te Tai o Poutini who have participated in the consultations.

- > Mana whakahaere – effective and appropriate stewardship or kaitiakitanga over the health and disability system, beyond the management of assets and resources.
- > Mana motuhake – enabling the right of Māori, to be Māori, Māori (self-determination): to exercise their authority over their lives and to live on Māori terms and according to Māori philosophies values and practices, including tikanga Māori.
- > Mana tangata – achieving equity in Health and disability outcomes for Māori across the life course and contributing to Māori wellness.

Your feedback, perspective and insights are invaluable. We look forward to providing you with regular updates on the project as we continue to identify and improve the mental health service and system for all the people and whānau within our two regions.